# Śrī Gauḍīya Calendar

538–539 Śrī Gaurābda (2024–2025)



ei-bāra karuṇā kara vaiṣṇava gosāñi patita-pāvana tomā bine keha nāi

'O Vaiṣṇav Gosāñi! Please be merciful to me this time. Nobody in this world is as merciful as you are.'

> kāhāra nikaṭe gele pāpa dūre yāya emana doyāla prabhu kebā kothā pāya

'Where can I find such a merciful master by coming to whom all sins can be removed?'

gaṅgāra paraśa haile paśchāte pāvana darśane pavitra kara ei tomāra guṇa

'Gangā purifies by her touch, but your quality is such that one can be purified just by seeing you.'

haristhāne aparādhe tāre harināma tomāsthāne aparādhe nāhika eḍāna

'The Holy Name saves those who commit an offence at the holy feet of the Supreme Lord, but it is impossible to get away with an offence committed at your holy feet.'

> tomāra hṛdaye sadā govinda-viśrāma govinda kahana mama vaiṣṇava parāna

'Your heart is the resting place of Lord Govinda, who Himself says, "Vaiṣṇavs are My heart and soul."'

prati janme kari āśā charaṇera dhuli narottame kara dayā āpanāra bali

'In every birth, I aspire for the dust of your holy feet. Please merficully consider Narottam your own.'

## Śrī Gauḍīya Calendar

538-539 Śrī Gaurābda (2024-2025)

Prepared and published from Śrī Chaitanya Sāraswat Maṭh (International) by

Om Viṣṇupād Śrīla Bhakti Tilak Nirīha Mahārāj, the appointed current Successor-President-Āchārya of Śrī Chaitanya Sāraswat Maṭh, a dearmost associate of

Om Viṣṇupād Śrīla Bhakti Nirmal Āchārya Mahārāj, the Sevāyeta-President-Āchārya, personally selected and appointed by and a dearmost associate of

Om Viṣṇupād Viśva-guru Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāj, the Sevāyeta-President-Āchārya, personally selected and appointed by and a dearmost associate of

Ananta-śrī-vibhūṣita Oṁ Viṣṇupād Paramahaṁsa-kila-chūḍāmaṇi Śrīla Bhakti Rakṣak Śrīdhar Dev-Goswāmī Mahārāj, the Founder-President-Āchārya of Śrī Chaitanya Sāraswat Maṭh in Nabadwīp, a dearmost associate of

Bhagavān Śrī Śrīla Bhaktisiddhānta Saraswatī Goswāmī Prabhupād, the protector and luminous *āchārya* of Śrī Brahma-Mādhva-Gauḍīya Sampradāya, the receiver of immense affection of

Om Viṣṇupād Paramahamsa Śrīla Bhaktivinod Ṭhākur Mahāśaya, the reviver and holder of the current of pure devotion in the present age.

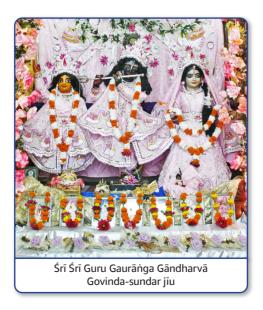
# Śrī Gauḍīya Calendar

(Calculated for Śrī Chaitanya Sāraswat Maṭh, Nabadwīp, India)

#### **MARCH 2024**

### VIŞŅU

26 MARCH (TUE). Kṛṣṇa Pratipad. Śrī Gaura Pūrṇimā pāraṇ is at 5:39:46–9:41:36. Ānandotsav (joyous festival) of Śrī Jagannāth Miśra. A grand festival and mahāprasād distribution at Śrī Chaitanya Sāraswat Maṭh in Śrī Nabadwīp Dhām.



30 MARCH (SAT). Krsna Pañchamī. Manifestation Anniversary of Śrī Śrī Guru Gaurānga Rādhā Gopīnāth jīu at Śrī Chaitanya Sāraswat Āśram in Śrīpāt Hāpāniyā Dhām and Pañcham Dol festival. Appearance (āvirbhāv) of Tridandi-swāmī Śrīmad Bhakti Śaran Śānta Mahārāi.

#### **APRIL 2024**

2 APRIL (TUE). Kṛṣṇa Aṣṭamī. Appearance of Śrīla Śrīvās Pandit.



Gopīnāth jīu, Hāpāniyā Dhām

**3 APRIL (WED).** Krsna Navamī. Disappearance (tirobhāv) of Tridandiswāmī Śrīmad Bhakti Vigraha Bhiksu Mahārāj.

5 APRIL (FRI). Krsna Ekādaśī. Fast on Pāpa Vimochanī Ekādaśī.

6 APRIL (SAT). Krsna Dvādaśī. Ekādaśī pāran is at 5:28:53-7:22:16. Festival in honour of Śrīman Mahāprabhu's auspicious arrival (vijaymahotsav) at Varāha Nagar. Disappearance of Śrīla Govinda Ghosh Thākur. Departure (niryān) of Śrīpād Satyendrachandra Bhattāchārya Mahodaya.





Śrīla Bhakti Hrday Bon Mahārāj



Tīrtha Mahārāi

#### 8 APRIL (MON). Amāvasyā.

APRII (SAT). Gaura Pañchamī 13 Appearance of Śrīpād Rāmānuja Āchārya. Appearance of Tridandi-swāmī Śrīmad Bhakti Hrday Bon Mahārāj.

15 APRIL (MON). Gaura Saptamī, Appearance of Tridandi-swāmī Śrīmad Bhakti Vilās Tīrtha Mahārāi.

17 APRIL (WED), Gaura Navamī, Śrī Rāma Navamī: Appearance of Lord Śrī Śrī Ramachandra, Fast until noon,

19 APRIL (FRI), Gaura Ekādaśī, Fast on Kāmadā Fkādašī.

20 APRIL (SAT), Gaura Dvādašī, Ekādašī, pāran is at 5:15:35-9:28:55. Festival in honour of the disappearance of Om Visnupād Paramahamsa Parivrājakāchāryavarya Astottara-śata-śrī Śrī Śrīmad Bhakti Sundar Govinda Dev-Goswāmī Mahārāi. Lord Krsna's Damanakā-ropana festival.

23 APRIL (TUE). Pūrnimā. Vasanta Rāsa of Śrī Kṛṣṇa. Rāsa Yātrā of Śrī Śrī Balarām. Appearance of Śrīla Vamśī-vadānanda Thākur and Śrīla Śyāmānanda Prabhu.

#### **MADHUSŪDAN**

29 APRIL (MON). Krsna Pañchamī. Disappearance of Śrīla Kṛṣṇadās Bābājī Mahārāj.



Śrī Sītā-Rāma, Laksman and Hanumān



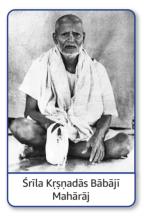
Om Visnupād Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāi



**30 APRIL (TUE).** Kṛṣṇa Saptamī. Disappearance of Śrīla Abhirām Thākur.

### May 2024

3 MAY (FRI). Kṛṣṇa Daśamī. Disappearance of Śrīla Vṛndāvan Dās Thākur.





**4 MAY (SAT).** Kṛṣṇa Ekādaśī. **Fast on Varuthinī Ekādaśī.** Disappearance of Śrīyukta Saurīndranāth Bhakti Vāridhi Prabhu.

5 MAY (SUN). Kṛṣṇa Dvādaśī. Ekādaśī pāraṇ is at 5:05:06–9:23:52.

6 MAY (MON). Gaura Trayodaśī. Manifestation anniversary of Śrī Śrī Guru Gaurāṅga Rādhā Vṛndāvan-chandra jīu at Śrī Chaitanya Sāraswat Maṭh, Uluberia.



7 MAY (TUE). Krsna Chaturdaśī. Festival in honour of the disappearance of Om Visnupād Parivrājakāchārya-varya Astottara-śata-śrī Śrī Śrīmad Bhakti Nirmal Āchārya Mahārāj.

8 MAY (WED). Amāvasyā. Appearance of Śrīla Gadādhar Pandit Goswāmī.

MAY (THU). Gaura Pratipad. Tridandi-swāmī **Appearance** of Śrīmad Bhakti Āloka Paramahamsa Mahārāj.



Nirmal Āchārva Mahārāi

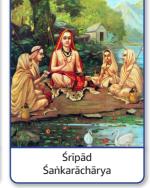
10 MAY (FRI). Gaura Dvitīyā. Appearance of Tridandi-swāmī Śrīmad Bhakti Vichār Jājāvar Mahārāj. Gaura Trtīyā (falls on the same day). Aksaya Trtīyā (an auspicious day to start some works). Beginning of the 21-day Chandan Yātrā of Śrī Śrī Jagannāthdev.

12 MAY (SUN). Gaura Pañchamī. Appearance of Śrīpād Śańkarāchārya. Disappearance of Tridandi-swāmī Śrīmad Bhakti Vilās Gabhāstinemī Mahārāj.



Paramahamsa Mahārāi





**15 MAY (WED).** Gaura Saptamī. Jahnu Saptamī: Śrī Jāhnavī Pūjā (worship of the Gaṅgā).

**17 MAY (FRI).** Gaura Navamī. Appearance of Śrī Jāhnavā Devī (Śrī Nityānanda-śakti) and Śrī Sītā Devī (Śrī Rāma-śakti).

19 MAY (SUN). Gaura Ekādaśī. Fast on Mohinī Ekādaśī.

**20 MAY (MON).** Gaura Dvādaśī. **Ekādaśī** *pāraṇ* is at 4:56:50–9:20:56.

22 MAY (WED). Gaura Chaturdaśī. Śrī Nṛṣiṁha Chaturdaśī: appearance of Lord Śrī Nṛṣiṁhadev. Full fast until sunset; then no grains (anukalpa). Śrī Vyāsa-pūjā festival in honour of the divine appearance day of Oṁ Viṣnupād Paramahaṁsa Parivrājakāchāryavarya Aṣṭottara-śata-śrī Śrī Śrīmad Bhakti Tilak Nirīha Mahārāj, the current successor President-Āchārya

of Śrī Chaitanya Sāraswat Maṭh. Manifestation anniversary of Śrī Śrī Guru Gaura Nityānanda Prabhu and Śrī Prahlād Mahārāj and Śrī Śrī Lakṣmī Nṛṣiṁhadev at Śrī Chaitanya Sāraswat Maṭh in Nṛṣiṅgha Pallī.

23 MAY (THU). Pūrņimā. Nṛsimha Chaturdaśī-vrata pāraņ is at 4:55:45–9:20:41. Śrī Kṛṣṇa's Phul-dol and Salila-vihāra. Buddha Pūrņimā: appearance of Lord Buddha.





Prahlād Mahārāj (Nrsimha Pallī)

Disappearance of Śrīla Parameśvarī Dās Ṭhākur. Appearance of Śrīla Śrīnivās Āchārya.

#### **TRIVIKRAM**

**24 MAY (FRI).** Kṛṣṇa Pratipad. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Sāraṅga Goswāmī Mahārāj.

**28 MAY (TUE).** Kṛṣṇa Pañchamī. Disappearance of Śrīla Rāmānanda Rāy.



### **JUNE 2024**

- **1 JUNE (SAT).** Kṛṣṇa Navamī. Departure of Śrīpād Santoṣ Kṛṣṇa Dāṣ-Ādhikārī Prabhu.
- 2 JUNE (SUN). Kṛṣṇa Ekādaśī. No fast.
- **3 JUNE (MON).** Kṛṣṇa Dvādaśī. Fast on Aparā Ekādaśī. Appearance of Śrīla Vṛndāvan Dās Ṭhākur.



Śrīmad Bhakti Sāraṅga Goswāmī Mahārāj



Śrīpād Santos Kṛṣṇa Dās-Ādhikārī Prabhu



Śrīla Vṛndāvan Dās Thākur

JUNE (TUE). Krsna 4 Travodaśi. Ekādaśi pāran is at 4:54:40-9:21:20.

6 JUNE (THU). Amāvasyā.

7 JUNE (FRI). Gaura Pratipad. Manifestation anniversary of Śrī Śrī Guru Gaurāṅga Rādhā Madanmohan jīu at Śrī Chaitanya Krsnānuśīlana Sāraswata Sangha, Dum Dum Park, Kolkata.



Śrī Śrī Guru Gaurāṅga Rādhā Madan-mohan jīu

10 JUNE (MON). Gaura Chaturthī. Disappearance of Tridandi-swāmī Śrīmad Bhakti Gaurava Giri Mahārāi (Śrīpād Paramānanda Vidyāratna Prabhu).

16 JUNE (SUN). Gaura Daśamī. Daśaharā, Śrī Gangā Pūjā. Appearance of Śrī Gangā Mātā Goswāminī. Disappearance of Śrīla Baladev Vidyābhūsan Prabhu.



17 JUNE (MON), Gaura Ekādaśī, No fast.

18 JUNE (TUE). Gaura Dvādaśī. Fast on Vyañjulī Mahādvādaśī.

19 JUNE (WED). Gaura Dvādaśī. Vyañjulī Mahādvādašī *pāran* is at 4:54:26-5:51:09.

20 JUNE (THU). Gaura Trayodaśī. Danda Mahotsav ('Punishment Festival') arranged by Śrīla Raghunāth Dās Goswāmī at Śrīpāţ Pānihāţi. Departure of Śrīpād Bhakti Vaibhav Parivrājak Mahārāj.

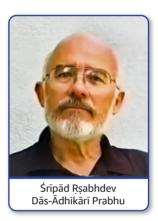


**22 JUNE (SAT).** Pūrṇimā. Snān Yātrā of Śrī Śrī Jagannāthdev. Disappearance of Śrīla Mukunda Datta and Śrīla Śrīdhar Paṇḍit.

#### **VĀMAN**

**23 JUNE (SUN).** Kṛṣṇa Pratipad. Disappearance of Śrīla Śyāmānanda Prabhu. Departure of Śrīpād Rṣabhdev Dās-Ādhikārī Prabhu. Kṛṣṇa Dvitīyā (falls on the same day). Departure of Śrī Gaurahari Bhakti-Sampad Prabhu.



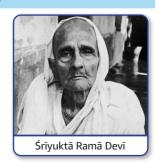


**26 JUNE (WED).** Kṛṣṇa Pañchamī. Appearance of Śrīla Vakreśvar Paṇḍit.

#### **JULY 2024**

2 JULY (TUE). Kṛṣṇa Ekādaśī. Fast on Yoginī Ekādaśī. Departure of Śrīyuktā Ramā Devī.

**3 JULY (WED).** Kṛṣṇa Dvādaśī. **Ekādaśī** *pāraṇ* is at 4:58:42–7:01:55.



5 JULY (FRI). Amāvasvā. Disappearance of Śrīla Gadādhar Pandit Goswāmī and Śrīla Sach-chid-ānanda Bhaktivinod Thākur.

6 JULY (SAT). Gaura Pratipad. Śrī Gundichā Mārjan (cleaning Śrī Gundichā Temple at Śrī Purī Dhām and cleaning all temples).

7 JULY (SUN). Gaura Dvitīyā. Ratha Yātrā of Śrī Jagannāthdev. Disappearance of Śrīla Svarūp Dāmodar Goswāmī Prabhu.





11 JULY (THU). Gaura Pañchamī. Herā-Pañchamī, Śrī Śrī Laksmī Vijay (observed in Śrī Purī Dhām the next day).

14 JULY (SUN). Gaura Aṣṭamī. Disappearance of Śrīpād Ajita Kṛṣṇa Brahmachārī.

16 JULY (TUE). Gaura Daśamī. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Kamal Madhusūdan Mahārāj. Departure of Śrīyuktā Kṛṣṇamayī Devī. Punar Yātrā of Śrī Śrī Jagannāthdev (return journey of the Chariots).

**17 JULY (WED).** Gaura Ekādaśī. Fast on Śayan Ekādaśī. Śrī Hari retires to take rest (śayan).

**18 JULY (THU).** Gaura Dvādašī. **Ekādašī** *pāraņ* is at 5:04:06–9:29:48.

21 JULY (SUN). Pūrņimā. Śrī Guru Pūrņimā. Appearance of Śrīla Vyāsadev. Disappearance of Śrīla Sanātan Goswāmī Prabhu. Beginning of Chāturmāsya Vrata.

#### ŚRĪDHAR

23 JULY (TUE). Kṛṣṇa Dvitīyā. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Hṛday Bon Mahārāj.



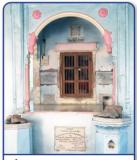




Śrīla Bhakti Hṛday Bon Mahārāj



Śrīla Gopāl Bhaṭṭa Goswāmī Prabhu



Śrīla Lokanāth Goswāmī Prabhu's samādhi mandir

**26 JULY (FRI).** Kṛṣṇa Pañchamī. Disappearance of Śrīla Gopāl Bhaṭṭa Goswāmī Prabhu.

**28 JULY (SUN).** Kṛṣṇa Aṣṭamī. Disappearance of Śrīla Lokanāth Goswāmī Prabhu.

31 JULY (WED). Kṛṣṇa Ekādaśī. Fast on Kāmikā Ekādaśī.

#### **AUGUST 2024**

- **1 AUGUST (THU).** Kṛṣṇa Dvādaśī. **Ekādaśī** pāraṇ is at 5:09:44–9:31:46.
- 4 AUGUST (SUN). Amāvasyā. Festival in honour of the disappearance of Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottara-śata-śrī Śrī Śrīmad Bhakti Rakṣak Śrīdhar Dev-Goswāmī Mahārāj.
- **8 AUGUST (THU).** Gaura Chaturthī. Śrīla Vaṁśī Dās Bābājī Mahārāj's disappearance.
- 10 AUGUST (SAT). Gaura Ṣaṣṭhī. Appearance of Oṁ Viṣṇupād Śrīla Bhakti Vijay Trivikram Mahārāj.
- **11 AUGUST (SUN).** Gaura Saptamī. Departure of Śrīpād Anaṅga Mohan Dās-Ādhikārī Prabhu.
- **13 AUGUST (TUE).** Gaura Navamī. Disappearance of Tridaṇḍi-swāmī Bhakti Prasūn Bodhāyaṇ Mahārāj.



Om Viṣṇupād Śrīla Bhakti Raksak Śrīdhar Dev-Goswāmī Mahārāj



Śrīla Vaṁśī Dās Bābājī Mahārāj

16 AUGUST (FRI), Gaura Ekādaśī, Fast on Pavitrāropanī Ekādaśī. Beginning of Śrī Śrī Rādhā-Govinda's Jhulan Yātrā. Beginning of the month-long Śrī Hari Smaran Festival at Śrī Chaitanva Sāraswat Math.

17 AUGUST (SAT), Gaura Dvādašī, Ekādašī pāran is at 5:15:51-5:17:56. Disappearance of Śrīla Rūpa Goswāmī Prabhu and Śrīla Gaurī Dās Pandit Goswāmī. Śrī Śrī Krsna's Pavitrāropana Festival (the day when the holy

thread is bestowed).



Pūrnimā. End of Śrī Śrī Rādhā-Govinda's Ihulan Yātrā. Appearance of Lord Śrī Baladev. Fast until midday.

## **HRSĪKEŚ**







### 27 AUGUST (TUE).

Krsna Astamī. Śrī Śrī Krsna Janmāstamī: Appearance of Lord Śrī Krsna (midnight). Complete fast until midnight, then no grains (only anukalpa).

(WED). Kṛṣṇa Navamī. 28 AUGUST Janmāstamī-vrata pāraņ is at 5:19:11-9:31:37. Śrī Nandotsav. Appearance of Viśva-varenya Tridandi-swāmī Śri Śrīmad Bhaktivedanta Swami Maharaj Prabhupad.



Śrīla A.C. Bhaktivedānta Swāmī Mahārāj Prabhupād

- 29 AUGUST (THU). Kṛṣṇa Ekādaśī. No fast.
- **30 AUGUST** (FRI). Kṛṣṇa Dvādaśī. Fast on Pakṣavardhinī Mahādvādaśī.
- **31 AUGUST (SAT).** Kṛṣṇa Trayodaśī. **Pakṣavardhinī Mahādvādaśī** pāraṇ is at 5:20:17–9:31:23.

#### **SEPTEMBER 2024**

- 2 SEPTEMBER (MON). Amāvasyā.
- **8 SEPTEMBER (SUN).** Gaura Pañchamī. Appearance of Śrī Sītā Devī, the consort of Śrī Advaita Prabhu.
- 10 SEPTEMBER (TUE). Gaura Saptamī. Śrī Lalitā Saptamī: Appearance of Śrī Lalitā Devī.
- 11 SEPTEMBER (WED). Gaura Aṣṭamī. Śrī Rādhāṣṭamī: Appearance of Śrīmatī Rādhāraṇī. Fast until noon.





**14 SEPTEMBER (SAT).** Gaura Ekādaśī. **Fast on Pārśva Ekādaśī and in honour of Lord Śrī Vāmandev's appearance.** Śrī Hari's *pārśva-parivartan*: the Lord turns on His other side.

15 SEPTEMBER (SUN), Gaura Dyādaśī. Appearance of Lord Śrī Vāmanadev. Ekādaśī pāran is at 5:25:15-9:29:41 after the worship of Lord Śrī Vāmanadev. Appearance of Śrīla Jīva Goswāmī Prabhu.

16 SEPTEMBER (MON). Gaura Trayodaśī. Appearance of Śrīla Sach-chid-ānanda Bhaktivinod Thākur.

17 SEPTEMBER (TUE). Gaura Chaturdaśī. Disappearance of Śrīla Haridās Thākur.









18 SEPTEMBER (WED). Pūrnimā. Viśvarūp Mahotsav. End of the month-long Śrī Hari Smaran Festival at Śrī Chaitanya Sāraswat Math.

### **PADMANĀBHA**

SEPTEMBER (THU). Krsna Dvitīvā. Disappearance of Tridandi-swāmī Śrīmad Bhakti Vilās Tīrtha Mahārāi.



15

28 SEPTEMBER (SAT). Krsna Ekādaśī. Fast on Indirā Ekādašī.

29 SEPTEMBER (SUN). Krsna Dvādaśī. Ekādaśī pāran is at 5:29:47-9:27:57.

#### OCTOBER 2024

2 OCTOBER (WED). Amāvasvā.

3 OCTOBER (THU). Gaura Pratipad. Grand festival in honour of the of appearance Οm Āchārya Mahārāj.



5 OCTOBER (SAT). Gaura Tṛtīyā. Departure of Śrīyukta Rādhāranī Devī Chaudhurānī.

6 OCTOBER (SUN). Gaura Chaturthi. Disappearance of Tridandi-swāmī Śrīpād Bhakti Dayita Dāmodar Mahārāj.

12 OCTOBER (SAT). Gaura Daśamī. Vijav Utsav of Śrī Ramāchandra and appearance of Śrī Madhvāchārya.

13 OCTOBER (SUN). Gaura Ekādaśī. No fast.

14 OCTOBER (MON). Gaura Dvādaśī. Fast for Pāpānkuśā Ekādaśī. Disappearance of Śrīla Raghunāth Dās Goswāmī, Śrīla Raghunāth Bhatta Goswāmī and Śrīla Kṛṣṇadās Kavirāj Goswāmī.

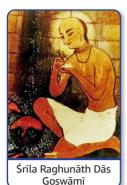


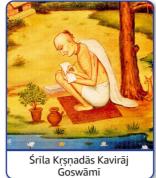
Nirmal Āchārva Mahārāi



Śrīpād Bhakti Dayita Dāmodar Mahārāi









Goswāmī Ṭhākur

15 OCTOBER (TUE). Gaura Trayodaśī. Ekādaśī pāraņ is at 5:36:17–9:27:05.

**17 OCTOBER (THU).** Pūrņimā. Śāradīyā Rāsa-Yātrā of Lord Śrī Kṛṣṇa. Disappearance of Śrīla Murārī Gupta. Beginning of *ūrjja-vrata*, *dāmodar-vrata*, *kārtik-vrata* or *niyom-sevā*.

#### **DĀMODAR**

**20 OCTOBER (SUN).** Kṛṣṇa Tṛtīyā. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Śrīrūpa Purī Mahārāj.

**22 OCTOBER (TUE).** Kṛṣṇa Pañchamī. Disappearance of Śrīla Narottam Ṭhākur.

**23 OCTOBER (WED).** Kṛṣṇa Ṣaṣṭhī. Disappearance of Śrīla Bhakti Vichār Jājāvar Mahārāj.

**25 OCTOBER (FRI).** Kṛṣṇa Aṣṭamī. Bahulāṣṭamī. Manifestation day of Śrī Rādhā Kuṇḍa. *Sannyās* day of Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāj.



Šrīla Bhakti Vichār Jājāvar Mahārāj



26 OCTOBER (SAT). Kṛṣṇa Navamī. The grand appearance day celebration of Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottara-śata-śrī Śrīla Bhakti Rakṣak Śrīdhar Dev-Goswāmī Mahārāj. Appearance of Śrīla Vīrachandra Prabhu. Disappearance of Śrīpād Sakhī-Charaṇ Dās Bābājī Mahārāj.

28 OCTOBER (MON). Kṛṣṇa Ekādaśī. Fast on Śrī Ramā Ekādaśī.

**29 OCTOBER (TUE).** Kṛṣṇa Dvādaśī. **Ekādaśī** *pāraṇ* **is at 5:43:16–9:28:02.** Festival in honour of Śrī Gaurāṅga Mahāprabhu's auspicious arrival at Śrīpāṭ Pāṇihāṭi.

**31 OCTOBER (THU).** Kṛṣṇa Chaturdaśī. Offering and placing of lamps (or candles) on the temples of the Lord.

#### **NOVEMBER 2024**

**1 NOVEMBER (FRI).** Amāvasyā. **Dīpāvalī.** Offering and placing of lamps (or candles) on the temples of the Lord.



Oṁ Viṣṇupād Śrīla Bhakti Raksak Śrīdhar Dev-Goswāmī Mahārāj



Srīpād Sakhī Charaņ Dās Bābājī Mahārāj





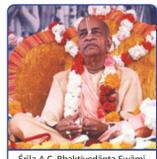
2 NOVEMBER (SAT). Gaura Pratipad. Śrī Śrī Govardhan Pūjā (in the morning). Grand Annakūṭ Mahotsav ('Rice Mountain Festival')

at Śrīla Śrīdhar Swāmī Sevā Āśram (Govardhan) and Śrī Gupta-Govardhan Temple (Nabadwīp). Go-Pūjā (worship of cows) and Go-Krīḍā (pleasing cows). Worship of Śrī Bali Daityarāj.

**3 NOVEMBER (SUN).** Gaura Dvitīyā. Disappearance of Śrīla Vāsu Ghoṣh Ṭhākur. Disappearance of Tridaṇḍiswāmī Śrīmad Bhakti Sarvasva Giri

Mahārāj. *Bhrātṛ-dvitīyā kṛtyam* (the day when brothers and sisters honour each other).

- 5 NOVEMBER (TUE). Gaura Chaturthī. Disappearance of Viśva-varenya Tridandiswāmī Śrīmad Bhaktivedānta Swāmī Mahārāj Prabhupād.
- **6 NOVEMBER (WED).** Gaura Pañchamī. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Āloka Paramahaṁsa Mahārāj.



Śrīla A.C. Bhaktivedānta Swāmī Mahārāj Prabhupād



Śrīla Bhakti Āloka Paramahaṁsa Mahārāj

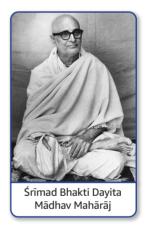
**9 NOVEMBER (SAT).** Gaura Aṣṭamī. Śrī Gopāṣṭamī, Śrī Goṣṭhāṣṭamī. Disappearance of Śrī Gadādhar Dās Goswāmī, Śrīla Dhanañjay Paṇḍit and Śrīla Śrīnivās Āchārya Prabhu.

12 NOVEMBER (TUE). Gaura Ekādaśī. Fast on Śrī Utthān Ekādaśī. Disappearance of Oṁ Viṣṇupād Paramahaṁsa Śrīla Gaura Kiśor Dās Bābājī Mahārāj. Appearance of Tridaṇḍi-swāmī Śrīmad Bhakti Dayita Mādhav Mahārāj. Śrī Bhīṣma Pañchaka. Awakening (utthāna) of Lord Śrī Hari.









**13 NOVEMBER (WED).** Gaura Dvādaśī. **Ekādaś**ī *pāraņ* is at 5:52:03–9:32:19.

**14 NOVEMBER (THU).** Gaura Chaturdaśī. Disappearance of Śrīla Bhūgarbha Goswāmī and Śrīla Kāśīśvar Paṇḍit. Departure of Śrīmad Bhakti Pramod Purī Mahārāj.

**15 NOVEMBER (FRI).** Pūrņimā. Rāsa Yātrā of Śrī Kṛṣṇa. Disappearance of Śrīla Sundarānanda Thākur. Appearance of Śrīla Nimbārka

Āchārva. Manifestation anniversary of Śrī Śrī Guru Gaurānga Gāndharvā Rāsa-Bihārī jīu at Śrī Chaitanya Sāraswat Math and Mission. Śrī Vrndāvan. End of chāturmāsya, ūrija-vrata, dāmodar-vrata. kārtikvrata or niyom-sevā and Bhīşma-pañchaka.



#### **KESHAVA**

26 NOVEMBER (TUE). Krsna Ekādaśī. Fast on Utpannā Ekādaśī. Departure of Śrīyukta Dhanañjaya Dās Prabhu.

27 NOVEMBER (WED). Krsna Dvādaśī. Ekādaśī pāran is at 10:26:49-14:01:00. Disappearance of Śrīla Narahari Sarkār Thākur and Śrīla Kāliya Krsnadās.

28 NOVEMBER (THU). Krsna Trayodaśī. Disappearance of Śrīla Sāraṅga Thākur.

#### **DECEMBER 2024**

1 DECEMBER (SUN). Amāvasyā. Disappearance of Śresthārya Śrīla Jagabandhu Bhakti Rañjan.

7 DECEMBER (SAT). Gaura Sasthī. Śrī Śrī Jagannāthdev's Odan-Sasthī. Manifestation



Śrī Nimbarka Āchārya



Śrī Jagabandhu Prabhu

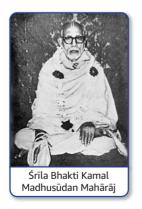
Anniversary of Śrī Śrī Nitāi Chaitanya at Śrī Chaitanya Sāraswat Math, Śrī Purī Dhām.

**8 DECEMBER (SUN).** Gaura Aṣṭamī. Disappearance of Sūryakuṇḍa-bāsī Śrīla Madhusūdan Dās Bābājī Mahārāi.

**9 DECEMBER (MON).** Gaura Navamī. Appearance of Tridaṇḍi-swāmī Śrīmad Bhakti Kamal Madhusūdan Mahārāi.



**10 DECEMBER (TUE).** Gaura Daśamī. Disappearance of Tridaṇḍiswāmī Śrīmad Bhakti Kusum Śramaṇ Mahārāj.





11 DECEMBER (WED). Gaura Ekādaśī. Fast on Mokṣadā Ekādaśī.

**12 DECEMBER (THU).** Gaura Dvādaśī. **Ekādaśī** *pāraņ* is at 6:11:45–9:44:05.

15 DECEMBER (SUN). Pūrņimā.

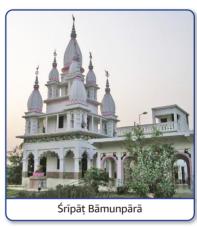
## NĀRĀYAŅ

17 DECEMBER (TUE). Kṛṣṇa Dvitīyā. Grand festival in honour of the appearance day of Om Viṣṇupād Paramahamsa Parivrājakāchārya Śrī Śrīmad Bhakti Sundar Govinda Dev-Goswāmī Mahārāj.

**18 DECEMBER (WED).** Kṛṣṇa Tṛtīyā. Festivals at Bāmunpārā and Nādan Ghāṭ, the places of Om Viṣṇupād Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāj's holy appearance and childhood pastimes.



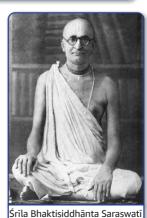
Om Viṣṇupād Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāj



**19 DECEMBER (THU).** Kṛṣṇa Chaturthī. Festival in honour of the disappearance of Bhagavān Śrī Śrīla Bhaktisiddhānta Saraswatī Goswāmī Prabhupād.

**26 DECEMBER (THU).** Kṛṣṇa Ekādaśī. **Fast on Saphalā Ekādaśī.** Disappearance of Śrīla Devānanda Paṇḍit and Śrīmad Bhakti Prakāś Araṇya Mahārāj.

**27 DECEMBER (FRI).** Kṛṣṇa Dvādaśī. Ekādaśī *pāraṇ* is at 6:20:54–9:52:08. Disappearance of Śrīpād Bhakti Bhūdev Śrauti Mahārāi.



Thākur Prabhupād

**28 DECEMBER (SUN).** Kṛṣṇa Trayodaśī. Disappearance of Śrīla Maheś Paṇḍit and Śrīla Uddhāraṇ Datta Ṭhākur.

30 DECEMBER (MON). Amāvasyā.

**31 DECEMBER (TUE).** Gaura Pratipad. Appearance of Śrīla Lochan Dās Ṭhākur.

#### **JANUARY 2025**

- 2 JANUARY (THU). Gaura Tṛtīyā. Disappearance of Śrīla Jīva Goswāmī Prabhu and Śrīla Jagadīś Pandit.
- 10 JANUARY (FRI). Gaura Ekādaśī. Fast on Putradā Ekādaśī. Appearance of Śrīla Jagadīś Paṇḍit.
- **11 JANUARY (SAT).** Gaura Dvādaśī. Ekādaśī *pāraņ* is at 6:24:10–7:42:48.
- **13 JANUARY (MON).** Pūrṇimā. Puṣyābhiṣek Yātrā of Śrī Kṛṣṇa. Departure of Śrīpād Bhakti Śaraṇ Vaiṣṇav Mahārāj.

#### **MĀDHAV**

- **14 JANUARY (TUE).** Kṛṣṇa Pratipad. Makar Saṅkrānti. Remembering Śrīman Mahāprabhu's pastime of leaving home.
- 15 JANUARY (WED). Kṛṣṇa Dvitīyā. Śrīman Mahāprabhu takes sannyās. A three-day remembrance festival in honour of Śrīman Mahāprabhu's sannyās-līlā.





**16 JANUARY (THU).** Kṛṣṇa Tṛtīyā. **Appearance of Śrīla Gopāl Bhaṭṭa Goswāmī Prabhu** and disappearance of Śrīla Rāmachandra Kavirāj.

**17 JANUARY (FRI).** Kṛṣṇa Chaturthī. Disappearance of Śrīpād Yādavendu Bhakti-Chandan.

**20 JANUARY (MON).** Kṛṣṇa Ṣaṣṭhī. Disappearance of Śrīla Jayadev Goswāmī Prabhu.

**22 JANUARY (WED).** Kṛṣṇa Aṣṭamī. Disappearance of Śrīla Lochan Dās Ṭhākur.

25 JANUARY (SAT). Kṛṣṇa Ekādaśī. Fast on Ṣaṭ-tilā Ekādaśī.

**26 JANUARY (SUN).** Kṛṣṇa Dvādaśī. **Ekādaśī** *pāraṇ* is at 6:23:37–10:00:39.

29 JANUARY (WED). Amāvasyā.

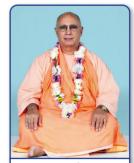
**30 JANUARY (THU).** Gaura Pratipad. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Gaurava Vaikhānash Mahārāj and departure of Śrī Haripada Chaudhurī Dās-Ādhikārī.

**31 JANUARY (FRI).** Gaura Dvitīyā. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Śaraṇ Śānta Mahārāj.





Śrīmad Bhakti Śaraṇ Śānta Mahārāj



Om Vişnupād Śrīla Bhakti Pāvan Janārdan Mahārāj

#### **FEBRUARY 2025**

**2 FEBRUARY (SUN).** Gaura Chaturthī. Appearance of Om Viṣṇupād Śrīla Bhakti Pāvan Janārdan Mahārāj.

**3 FEBRUARY (MON).** Gaura Pañchamī. Śrī Kṛṣṇa's Vasanta Pañchamī. Appearance of Śrī Śrī Viṣṇupriyā Devī. Appearance of Śrīla Puṇḍarīk Vidyānidhi, Śrīla Raghunāth Dās Goswāmī and Śrīla Raghunandan Ṭhākur.



Śrīla Bhakti Svarūp Parvat Mahārāj

Disappearance of Śrīla Viśvanāth Chakravartī Ṭhākur. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Vivek Bhāratī Mahārāj and



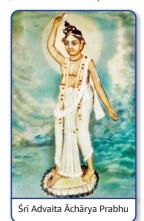
Deities of Śrī Śrī Gaura-Viṣṇupriyā (manifested in Yogapīṭh, Śrī Dhām Māyāpur, in 1890)

Tridaṇḍi-swāmī Śrīmad Bhakti Svarūp Parvat Mahārāj. Śrī Saraswatī Pūjā.

4 FEBRUARY (TUE). Gaura Saptamī.

Appearance of Śrī Mahāviṣṇu Avatār Śrī Advaita Āchārya.

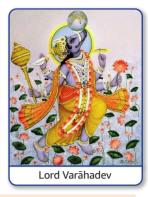
- **5 FEBRUARY (WED).** Gaura Aṣṭamī. Disappearance of Tridaṇḍi-swāmī Śrīmad Bhakti Prapanna Parivrājak Mahārāj and departure of Śrīpād Vīrendra Kṛṣṇa Prabhu.
- **6 FEBRUARY (THU).** Gaura Navamī. Disappearance of Śrīpād Madhvāchārya.
- **7 FEBRUARY (FRI).** Gaura Daśamī. Disappearance of Śrīla Rāmānuja Āchārya.







Āchārya



- 8 FEBRUARY (SAT), Gaura Ekādaśī, Fast on Bhaimī Ekādaśī and in honour of Lord Śrī Varāhadev's appearance (tomorrow).
- 9 FEBRUARY (SUN). Gaura Dvādaśī. Appearance of Lord Śrī Varāhadev. Ekādaśī pāran is at 6:17:41–9:59:51 after offering worship to Lord Varāhadev.
- 10 FEBRUARY (MON). Gaura Trayodasī. Appearance of Śrī Śrī Nityānanda Prabhu. Fast until noon. Annual festival in honour of the manifestation anniversary of Śrī Guru Śrī Gaura Śrī Nityānanda at Śrī Chaitanya Sāraswat Math in Śrī Ekachakra Dhām.



27

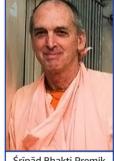


12 FEBRUARY (WED). Pūrnimā. Śrī Krsna's Madhurotsav. Appearance of Śrīla Narottam Thākur.

#### **GOVINDA**

Trtīvā. 15 FFBRUARY (SAT). Krsna

Disappearance ofTridandi-swāmī Śrīpād Bhakti Premik Siddhāntī Mahārāi.



Śrīpād Bhakti Premik Siddhanti Mahārāi

17 FEBRUARY (MON), Krsna Pañchamī, Grand Śrī Śrī Vyāsa-pūjā festival in honour of the holy appearance day of Bhagavān Śrī Śrīla Bhaktisiddhānta Saraswatī Goswāmī Thākur. Annual festival at Śrī Gupta-Govardhan Mandir (Śrī Govinda Kunda, Śrī Chaitanya Sāraswat

Math, Nabadwip). Disappearance of Śrīla Purusottam Thākur.

18 FEBRUARY (TUE). Krsna Sasthī. Appearance of Tridandi-swāmī Śrīmad Bhakti Sāraṅga Goswāmī Mahārāj.





19 FEBRUARY (WED). Krsna Saptamī.

Annual three-day festival in honour of the manifestation of Śrī Śrī Gaura Nitvānanda and Śrī Śrī Gāndharvā Govinda-sundar jīu at Śrī Chaitanya Sāraswat Sevā-sadan in Śrī Gangā Sāgar.

24 FEBRUARY (MON). Krsna Ekādaśī. Fast on Vijayā Ekādaśī. Passing away of Śrīpād Kṛṣṇa Govinda Dās-Ādhikārī.

25 FEBRUARY (TUE). Krsna Dvādaśī. Ekādaśī pāran is at 6:07:06-9:55:38.

27 FEBRUARY (THU). Krsna Chaturdaśi. Śrī Śrī Sivarātri-vrata (optional fast). Departure of Śrīmad Bhakti Nivās Bhāgavat Mahārāj and

Śrīpād Yudhāmanyu Prabhu Sevā Vikram

Śrīpād Yudhāmanyu Prabhu Sevā-Vikram

#### 28 FEBRUARY (FRI).

Amāvasvā. Śrī Śivarātri pāran for those who fasted is at 6:04:31-6:55:23 Manifestation anniversary of Śrī

Sadā-Śiva Gaṅgādhar on the bank of Śrī Govinda Kunda at Śrī Chaitanya Sāraswat Math in Nabadwip; manifestation anniversary of Śrī Śrī Guru Gaura Rādhā Madan-Mohan jīu at Śrī Chaitanya Sāraswat Math in Tārakeśwar; and manifestation anniversary of Śrī Sadā-Śiva in Śrī Kādigāchhā. Gaura Pratipad (falls







Śrī Sadā-Śiva Gaṅgādhar at Śrī Govinda Kunda

on the same day). Disappearance of Vaiṣṇav Sārvabhauma Śrīla Jagannāth Dās Bābājī Mahārāj, Śrīla Rasikānanda Dev-Goswāmī and Tridaṇḍi-swāmī Śrīmad Bhakti Dayita Mādhav Mahārāj.





Śrīla Jagannāth Dās Bābājī Mahārāj

### **MARCH 2025**

1 MARCH (SAT). Gaura Dvitīyā. Appearance of Om Viṣṇupād Śrīla Bhakti Kusum Āśram Mahārāj.







2 MARCH (SUN). Gaura Tṛtīyā. Manifestation anniversary of Śrī Śrī Guru Gaurāṅga Gāndharvā Rādhā-Ramaṇ-sundar at Śri Chaitanya Sāraswat Kṛṣṇānuśīlana Saṅgha in Kaikhālī, Kolkata.

**3 MARCH (MON).** Gaura Chaturthī. Appearance of Śrīla Puruṣottam Ṭhākur. Departure of Śrīpād Tulasī Dās Dās-Adhikārī Prabhu.



Śrī Śrī Guru Gaurāṅga Gāndharvā Rādhā-Ramaṇa-sundar (Kaikhālī)

**4 MARCH (TUE).** Gaura Pañchamī. Disappearance of Śrīyuktā Taraṅginī Devī.

**8 MARCH (SAT).** Gaura Navamī. Adhivās festival of Śrī Nabadwīp Dhām Parikramā. Beginning of the annual seven-day gathering and festival.

9 MARCH (SUN). Gaura Ekādaśī. Śrī Nabadwīp Dhām Parikramā begins. Parikramā of Śrī Antardwīp (darśan of Śrī Chaitanya Maṭh, Śrī Nandan



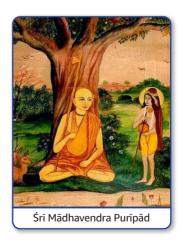
Āchārya Bhavan, puṣpa-samādhi mandir of Śrīla A.C. Bhaktivedānta Swāmī Mahārāj Prabhupād, Śrī Yogapīṭh, Śrīvās Aṅgan, Śrī Advaita Bhavan, Śrī Gadādhar Paṇḍit Bhavan, Śrī Chaitanya Maṭh, Śrīla Bhaktisiddhānta Saraswatī Ṭhākur Prabhupād's samādhi mandir, Śrīla Gaura Kiśor Dās Bābājī Mahārāj's samādhi, Śrī Chẳd Kāzī's samādhi) and Śrī Sīmantadwīp (darśan of Śrī Jagannāth Mandir, Śrī Śrīdhar Aṅgan).



'In the company of loving devotees, I will behold all the places my Gaurasundar roamed during His ecstatic pastimes.'

10 MARCH (MON). Gaura Ekādaśī. Fast on Āmalakī Ekādaśī. Parikramā of Śrī Sīmantadwīp and Śrī Rudradwīp.

11 MARCH (TUE). Gaura Dvādaśī. Ekādaśī *pāraņ* is at 5:54:28–9:29:39. Disappearance of Śrīpād Mādhavendra Purīpād. Parikramā of Śrī Koladwīp: *darśan* of Śrī Chaitanya Sāraswat Maṭh, Śrī Vṛddha Śiva, Śrī Prauḍdha Māyā, Śrī Viṣṇupriyā Devī's Deity of Śrī Gaurāṅga, the *samādhi mandir* of Śrīla Jagannāth Dās Bābājī Mahārāj.



#### 12 MARCH (WED). Gaura Travodaśī.

Parikramā of Śrī Godrumdwīp and Śrī Madhyadwīp: darśan of Śrī Surabhi Kuñja, Svānanda-sukhadā Kuñja, Śrī Suvarṇa Bihār Gauḍīya Math, Śrī Harihara Ksetra, Haṁsa-vāhan and Śrī Nrsiṁha Pallī.

13 MARCH (THU). Gaura Chaturdaśī. Ādhivās of the grand festival of Śrī Gaura Pūrṇimā: the eve of Śrī Gaurāṅga's appearance. Parikramā of Śrī Koladwīp, Śrī Rtudwīp, Śrī Jahnudwīp and Śrī Modadrumdwīp: darśan of Śrī Samudragaḍ, Śrī Śrī Gaura-Gadādhar Mandir (Śrī Chẳpāhāṭi), Vidyānagar (Sārvabhauma Gauḍīya Maṭh, Sārvabhauma Bhaṭṭāchārya's birthplace), the Deity served by Śrī Sāraṅga Murārī and Śrī Vāsudev Datta Ṭhākur, Śrīla Vṛndāvan Dās Ṭhākur's appearance place.

14 MARCH (FRI). Pūrṇimā. Śrī Gaura Pūrṇimā: Divine appearance of Śrī Gaurāṅga. Fast until moonrise, then no grains (anukalpa). Vasanta-utsav and Dol Yātrā of Śrī Śrī Rādhā-Govinda. Special offering of bhoga, worship and ārati at Śrī Chaitanya Sāraswat Maṭh and all its branches worldwide, continuous reading of Śrī Chaitanya-charitāmṛta and a great festival of saṅkīrtan. Start of 539 Śrī Gaurābda.





### VIŞŅU

**15 MARCH (SAT).** Kṛṣṇa Pratipad. Śrī Gaura-Pūrṇimā *pāraṇ* is at 5:50:36–9:47:24. Ānandotsav (great, joyful festival) of Śrī Jagannāth Miśra. A grand festival and *mahāprasād* distribution at Śrī Chaitanya Sāraswat Maṭh in Śrī Nabadwīp Dhām.

19 MARCH (WED). Kṛṣṇa Pañchamī. Manifestation Anniversary of Śrī Śrī Guru Gaurāṅga Rādhā Gopīnāth jīu at Śrī Chaitanya Sāraswat Āśram in Śrīpāṭ Hāpāniyā Dhām and Pañcham Dol festival. Appearance of Tridaṇḍi-swāmī Śrīmad Bhakti Śaraṇ Śānta Mahārāj.



# Śrī Chaitanya Mahāprabhu's Main Teachings

āmnāyaḥ prāha tattvaṁ harim iha paraṁ sarva-śaktiṁ rasabdhiṁ tad-bhinnāṁśāṁś cha jīvān prakṛti-kavalitān tad-vimuktāṁś cha bhāvāt bhedābheda-prakāśaṁ sakalam api hareḥ sādhanaṁ śuddha-bhaktiṁ sādhyaṁ tat prītim-evety-upadiśati janān gaurachandra svayaṁ saḥ

(Śrīla Bhaktivinod Ṭhākur)

Śrīman Gaurachandra personally instructed all *jīvas* the following ten postulates:

- 1) The revealed truth (that which comes through a bona fide succession of *gurus*) is the main evidence through which the following nine conclusions are imparted:
- 2) Lord Kṛṣṇa (Hari) is all in all;
- 3) He is the master of all potencies;
- 4) He is an ocean of all possible ecstatic nectar;
- 5) all jīvas are parts of Lord Hari's potency;
- **6)** created as marginal potencies, all conditioned *jīvas* are possessed by the external, illusory environment;
- 7) marginal by their intrinsic nature, all liberated *jīvas* are free from the influence of the external, illusory environment;
- 8) the entire creation all animate and inanimate entities is simultaneously different and non-different from Lord Śrī Hari;
- 9) pure devotion is the only way for all jīva souls to attain Him;
- 10) the only goal of life for all *jīvas* is the pure love for Lord Krsna.

## **Steps to Pure Devotion**

(From Śrī Bhakti-rasāmṛta-sindhu by Śrīla Rūpa Goswāmī Prabhu)

- 1) Śraddhā: faith in the purport of the scriptures, which comes from listening to the scriptures in the association of saints;
- 2) sādhu-saṅga: again the association of saints; taking shelter at the holy feet of Śrī Guru to learn the rules of spiritual practice;

- **3) bhajana-kriyā:** practising *śravaṇ*, *kīrtan* and other processes according to the guidance of Śrī Guru and saints;
- 4) anartha-nivṛti: all suferring (such as produced by sins, ignorance or anything else that opposes the ultimate goal of human life) gradually becomes destroyed;
- 5) niṣṭhā: constant, one-pointed devotional practice (when the heart does not become distracted, or scattered);
- **6)** ruchi: aspiration for conscious spiritual worship or the object of worship;
- 7) āsakti: natural taste, or attraction, for spiritual life or the object of worship;
- 8) bhāva: that which makes the heart perfectly level through the spiritual taste of pure transcendental goodness situated on the rays of the sun of transcendental love (*prema*) is called 'bhāva';
- 9) prema: when *bhāva* completely levels out one's heart, turns into a deep feeling of affection and attachment and assumes its own intense, deep form, great learned scholars refer to this as 'prema'.

## Sixty-Four Limbs of Devotion (Bhaktyanga)

(From Śrīla Bhaktivinod Ṭhākur's *Amṛta-pravāha Bhāṣya* commentary to Śrī Chaitanya-charitāmṛta and Śrī Jaiva Dharma)

- 1) Taking shelter at the lotus feel of Sri Guru
- 2) Receiving initiation into the mantra
- 3) Serving Sri Guru
- 4) Learning pure religion and making honest enquiry
- 5) Following the path of the sādhus
- 6) Giving up personal enjoyment out of love for Kṛṣṇa
- 7) Residing in a holy place of Lord Kṛṣṇa
- 8) Accepting only whatever allows you to carry on your life, and only as much as required

- 9) Fasting on ekādaśī
- **10)** Honouring the *dhātrī* and *aśvattha* trees, cows, *brāhmaṇs* and Vaiṣṇavs
- 11) Summarily giving up offences to service and the Holy Name
- 12) Rejecting the association of non-devotees
- 13) Not taking many disciples
- 14) Not trying to become skilled in many scriptures (i.e. giving up haphazard reading or listening to parts of scriptures and attempts to philosophise about their meaning)
- 15) Having the same attitude to loss and gain
- 16) Not being overcome by grief and other undesirable feelings
- 17) Not showing disrespect to other gods or scriptures
- 18) Not listening to the criticism of Lord Viṣṇu and Vaiṣṇavs
- 19) Not listening to 'village talks' (family news and talks of husbands and wives that revolve around sense-pleasure)
- **20)** Not troubling the minds of other living entities, not behaving miserly and not feeling zealous when starting some material work
- 21) Hearing about the Lord
- 22) Chanting the Lord's Name and glories
- 23) Remembering the Lord
- 24) Worshipping the Lord
- 25) Offering obeisances to the Lord
- 26) Serving the Lord
- 27) Serving the Lord in the mood of a servant
- 28) Serving the Lord in the mood of a friend
- 29) Self-submission to the Lord
- 30) Dancing in front of Deities
- 31) Singing in praise of the Lord
- 32) Speaking humbly
- 33) Offering prostrate obeisances

- 34) Standing up when seeing the Lord or His devotee enter
- **35)** Walking behind to see off a devotee or the Lord when they travel or go away
- 36) Coming to the holy place and homes of devotees and the Lord
- 37) Circumambulating holy places
- 38) Reciting verses in glorification of the Lord
- 39) Chanting the Holy Name on beads
- 40) Chanting congregationally
- **41)** Honouring the smell of incense and flowers that have been offered to the Lord
- 42) Serving to mahāprasād
- 43) Taking darśan of āratis and great fesitvals
- 44) Taking darśan of the Lord's holy Deities
- 45) Offering the Lord that which is dear to yourself
- 46) Meditating
- 47) Serving Tulasī
- 48) Serving Vaisnavs
- 49) Serving Mathurā and other holy places
- 50) Relishing Bhāgavatam
- 51) Dedicating all efforts to Kṛṣṇa
- 52) Hankering for the Lord's mercy
- 53) Observing birthdays and other festivals together with devotees
- 54) Surrendering in all ways
- 55) Physically observing Kartik and other vratas
- 56) Applying Vaiṣṇav symbols on your body (*tilak* marks on twelve parts of the upper body and *tulasī* beads on the neck)
- 57) Applying the Names of the Lord and His devotees, such as the 'Hare Kṛṣṇa' mahā-mantra or the Pañcha-Tattva Names, on your upper body (when applying sandalwood)
- 58) Maintaining purity ('tvayopabhuktah srag-gandha...')

- 59) Drinking charanāmrta
- 60) Associating with saints (sādhu-saṅga)
- 61) Chanting the Holy Name (Nāma-kīrtan)
- 62) Listening to Bhāgavatam (bhāgavat-śravaṇ)
- 63) Residing in Mathurā (mathurā-vās)
- 64) Serving Deities with faith (sraddhā-pūrvaka śrī-mūrti-sevā).

## Four Kinds of Anarthas (Unwanted Elements)

(From Śrīla Bhaktivinod Ṭhākur's Śrī Bhajana-rahasya)

- 1) Misconception:
  - a) misunderstanding one's own identity and nature;
  - b) misunderstanding the Lord;
  - c) misunderstanding the goal and the means to attain the goal;
  - d) misunderstanding what is unfavourable, or opposing.
- 2) Inauspicious, false hankering:
  - a) longing (desire or search) for worldly attainments;
  - b) inauspicious, unhealthy hankering for spiritual attainments;
  - c) desire for mystic powers and liberation.
- 3) Offences:
  - a) offences to the Holy Name;
  - b) offences to service;
  - c) offences to Vaisnavs:
  - d) offences to the holy place;
  - e) offences to living entities.
- 4) Weakness of the heart:
  - a) negligence (indifference towards Kṛṣṇa);
  - b) hypocrisy (duplicity);
  - c) envy (feeling upset or envious seeing others' opulence or progress);
  - d) desire for name and fame.

## Five Diseases (Pañcha-Roga)

- 1) Ignorance: forgetfulness of one's own transcendental form.
- 2) False identification: considering oneself to be the gross, material body and loving attachment to other perishable bodies (men, women, etc.).
- **3) Misdirected love**: deep attachment to the material things that are favourable to the body.
- **4) Aversion**: aversion to the material things that are unfavourable to material enjoyment.
- 5) Misdirected attention: being attached to, or engrossed in, that which is favourable and when it is to be given up, being unable to tolerate it.

#### **Four Faults of Conditioned Souls**

(From Śrī Chaitanya-charitāmṛta)

- 1) Misconception: false presumption about the non-existent (mistaking a rope for a snake, or a pearl for a piece of silver);
- **2) Madness**: negligence, carelessness; understanding, hearing or saying something in a different way;
- 3) Deception: desire to lie and cheat;
- **4) Imperfection of senses:** short-sightedness, far-sightedness, distorted perception of colour due to jaundice and other diseases, inability to hear things far, etc.

## Ten Kinds of Offences to the Holy Name

- Criticising sādhus;
- 2) considering gods independent of Lord Krishna;
- 3) disrespecting (disobeying) Sri Guru;
- 4) criticising revealed scriptures;

- 5) discussing the meaning of the Holy Name;
- 6) considering the Holy Name to be imaginary;
- 7) behaving in a sinful way relying on the purifying strength of the Holy Name;
- **8)** considering, delusionally, that chanting the Holy Name is equal to other pious works;
- 9) giving the Holy Name to those who have no faith because of material attachment;
- 10) even after having heard about the glories of the Holy Name, being infatuated with the material life of 'me' and 'mine' and having no love for the Holy Name.

## Four Types of Sādhu-Ninda (Offences to Saints)

Offenders of Vaiṣṇavs are those who find faults in Vaiṣṇavs due to their 1) caste (origin), 2) occasional slips (resulting from being overpowered by material influence), 3) almost eradicated mistakes, 4) mistakes committed before surrender.

# Thirty-Two Types of Sevā Aparādhas (Offences to Service)

- 1) Entering the house of the Lord on a vehicle or wearing shoes
- 2) Not making festivals on the birthdays of the Lord and devotees
- 3) Not paying obeisance in front of the Deity
- 4) Glorifying the Lord in an impure state of mind and body
- 5) Paying obeisance with one hand
- 6) Strolling in front of the Deity
- 7) Stretching your legs out in front of the Deity
- 8) Slouching: sitting front of a Deity embracing your knees with your arms

- 9–17) Lying down, eating, telling lies, speaking loudly, speaking privately to another person, crying, quarrelling, harassing and treating another person partially in front of the Deity
- 18) Behaving with or speaking to common people in a cruel way
- 19) Covering yourself with a blanket when doing service
- 20–23) Criticising others, praising others, using harsh or foul words towards others or behaving with others in a nasty way and passing wind in front the Deity
- **24)** Miserliness: having means but being stingy when arranging festivals, worship and other services
- 25) Accepting unoffered things (eating unoffered food)
- 26) Not offering seasonal fruit, crops and other produce
- **27)** Giving part of what you collect first to others and then using the rest for cooking for the Lord
- 28) Sitting with your back to the Deity
- 29) Greeting others in front of the Deity
- 30) Keep silence in front of Gurudev: not offering him praise, etc.
- 31) Praising yourself in front of Śrī Gurudev
- 32) Criticising gods.

# Ten Kinds of Dhām-Aparādh (Offences to Holy Places)

- 1) Disrespecting (disobeying) Śrī Guru and *sādhu*, the revealers of Śrī Dhām
- 2) Considering Śrī Dhām temporary, non-eternal
- 3) Feeling envious or prejudiced towards the residents or pilgrims of Śrī Dhām
- 4) Engaging in material activities in Śrī Dhām
- 5) Instead of serving Śrī Dhām, using the Deities in Śrī Dhām for making business and earning money
- 6) Pursuant to material vision, trying to analyse and equal material places or other places of demigods to Śrī Dhām

- 7) Behaving in a sinful way relying on the purifying potency of Śrī Dhām
- 8) Discriminating between Śrī Nabadwīp and Śrī Vṛndāvan
- 9) Criticising scriptures containing the glories of Śrī Dhām
- **10)** Having no faith in the glories of Śrī Dhām and considering them imaginary

#### Five Places of Kali

(From Śrīmad Bhāgavatam)

- 1) Gambling (*dyūta*): cards, chess, dice, horse races, water games, gambling, lottery, shatranj, board games, etc. Lying resides in these activities. Engaging in these activities destroys truthfulness.
- 2) Intoxication (pān): bettle nut, snuff, marijuana, opium, alcoholic drinks, hashish, poisonous plants (hemlock), thorn apple (datura), arrack, etc. Drinks brewed from honey, sugar-cane, grapes, tāl, dates, jackfruit, maireya (ram horn with jaggery), makshika (copper pyrite), tanka (a drink from day-old cooked rice), liquorice, coconut and rice are also considered intoxicants. Pride resides in them. Consuming these things destroys compassion and mercy.
- 3) Illicit association (*strī*): connection with women out of wedlock and attachment to one's lawful wife (as well as the association with the persons who are involved in such connections). Lust resides in this. Doing this destroys purity.
- 4) Slaughter ( $s\bar{u}n\bar{a}$ ): to kill others to nurture your own body. Jealousy resides in killing other living entities, and it destroys truthfulness, mercy, purity and austerity. Those who allow animal slaughter, who cut the meat of dead animals, kill animals themselves, buy or sell meat, cook, serve or eat it fall within the category of killers.
- 5) Gold (*jāta*): things such as gold and silver as well as money. Lying, pride, lust for illicit mixing, jealousy and animosity are present in this fifth unwanted element.

#### **Unfavourable to Devotion**

(From Śrīla Bhaktivinod Ṭhākur's *Pīyūṣa-varṣiṇī Vrtti* commentary to *Śrī Upadeśāmrta*)

- 1) Urge of speech (*vākya-vega*): using words that disturb any living entities in the creation.
- 2) Urge of mind (mana-vega): various desires and hankering.
- 3) Urge of anger (krodha-vega): using harsh language.
- **4) Urge of tongue** (*jihvā-vega*): craving for any of the six tastes (sweet, sour, bitter, salty, astringent, pungent).
- 5) Urge of stomach (udara-vega): eating very much.
- 6) Urge of genitals (upastha-vega): craving for sexual intercourse.

#### Thorns in Devotion

(From Śrīla Bhaktivinod Ṭhākur's *Pīyūṣa-varṣiṇī Vṛtti* commentary to *Śrī Upadeśāmṛta*)

- 1) Overeating (atāhāra): eating or trying to accumulate much.
- 2) Over-endevouring (*prayāsa*): run behind material things or striving to do what goes against devotion.
- 3) Idle talks (*prajalpa*): engaging in unnecessary common talks that steal time.
- **4)** Attachment to rules (*niyamāgraha*): eagerness to follow inferior rules when superior rules can be followed and not doing that which nurtures devotion.
- 5) Bad association (*jana-saṅga*): associating with anyone except pure devotees.
- 6) Greed (*laulya*): being fickle-minded (unsteady in your conception, wavering when coming in touch with various other conceptions) and being attracted to trifle material things.

#### **Favourable to Devotion**

(From Śrīla Bhaktivinod Ṭhākur's *Pīyūṣa-varṣiṇī Vrtti* commentary to *Śrī Upadeśāmrta*)

- 1) Enthusiasm (*utsaha*): earnest eagerness to attend devotional events and practising with loving affection.
- 2) Determination (niśchaya): firm faith.
- **3)** Patience (*dhairya*): seeing some delay in attaining the desired end, not slacking in your practising activities.
- 4) Engaging in activities that nurture devotion (*bhakti-poṣaka karma*): practising *śravaṇ*, *kīrtan*, etc. and abandoning for Lord Kṛṣṇa personal pleasures and enjoyment.
- 5) Giving up association (saṅga-tyāga): leaving the association of unscrupulous (unreligious) people, women in general and henpecking women, those who mix with women, and non-devotees (materialists, māyāvādīs, atheists and hypocritical believers).
- 6) Purity (*sad-vṛtti*): purity is the spiritual practices of saints and the mood in which saints live their life.

## Jay Dhvani

Jay saparikrara Śrī Śrī Guru Gaurāṅga Gāndharvā Govinda-sundar jīu kī jay.

Jay Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottaraśata-śrī Śrīmad Bhakti Tilak Nirīha Mahārāj kī jay.

Jay Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottaraśata-śrī Śrīmad Bhakti Nirmal Āchārya Mahārāj kī jay.

Jay Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottaraśata-śrī Śrīmad Bhakti Sundar Govinda Dev-Goswāmī Mahārāj kī jay.

Jay Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottaraśata-śrī Śrīmad Bhakti Rakṣak Śrīdhar Dev-Goswāmī Mahārāj kī jay.

Jay Om Viṣṇupād Paramahamsa Parivrājakāchārya-varya Aṣṭottara-śata-śrī Bhagavān Śrīmad Bhaktisiddhānta Saraswatī Goswāmī Ṭhākur kī jay.

Jay Om Vişnupād Śrīla Gaura Kiśor Dās Bābājī Mahārāj kī jay.

Jay Om Viṣṇupād Śrīla Sach-chid-ānanda Bhaktivinod Ṭhākur kī jay.

Jay Om Vișnupād Śrīla Jagannāth Dās Bābājī Mahārāj kī jay.

Śrīla Baladev Vidyābhūsan Prabhu kī jay.

Śrīla Viśvanāth Chakravartī Ṭhākur kī jay.

Śrī Narottam, Śyāmānanda, Śrīnivās Āchārya Prabhu kī jay.

Śrīla Vṛndāvan Dās Ṭhākur kī jay.

Śrīla Kṛṣṇa Dās Kavirāj Goswāmī kī jay.

Śrī Rūpa, Sanātan, Bhaṭṭa Raghunāth, Śrī Jīva, Gopāl Bhaṭṭa, Dās Raghunāth – ṣaḍ-goswāmī – kī jay.

Śrī Rūpānuga Guru-varga kī jay.

Nāmāchārya Śrīla Haridās Ṭhākur kī jay.

Śrīla Svarūp Dāmodar, Śrīla Rāy Rāmānanda, Śrī Gaura-śakti-varga kī jay.

Premse kaho Śrī Kṛṣṇa Chaitanya, Prabhu Nityānanda, Śrī Advaita, Gadādhar, Śrīvās-ādi Gaura-bhakta-vṛnda kī jay.

Gaṅgā, Yamunā kī jay.

Grantha-rāj Śrīmad Bhāgavatam, Śrī Chaitanya-charitāmṛta kī jay.

Vṛndā Devī, Tulasī Devī, Śrī Bhakti Devī kī jay.

Śrī Śyāma Kuṇḍa, Rādhā Kuṇḍa, Śrī Giri-Govardhan kī jay.

Śrī Māyāpur Dhām, Śrī Nabadwīp Dhām, Śrī Vṛndāvan, Mathurā kī jay.

Śrī Puruşottam Kşetra kī jay.

Baladev, Subhadrā, Jagannāth jīu kī jay.

Ākar Maṭh-rāj Śrī Chaitanya Maṭh kī jay.

Māyapur Yogapīṭh kī jay.

Śrī Chaitanya Sāraswat Maṭh kī jay.

Tadīya śākhā maṭha-samūha kī jay.

Śrī maṭher sevak-vṛnda, bhakta-vṛnda kī jay.

Ananta-koţī vaişņav-vṛnda kī jay.

Śrī Gaudīya-āchārya-vṛnda kī jay.

Tridandipād-gan kī jay.

Sa-pārṣada Śrī Nityānanda Prabhu kī jay.

Sa-pārṣada Śrīman Mahāprabhu kī jay.

Bhakta-prabara Prahlād Mahārāj kī jay.

Śuddha bhaktir vighna vinaśakārī Bhagavān Śrī Nṛsiṁhadev kī jay.

Śrī Sadā-Śiva Gaṅgādhar, Girirāj Govardhan kī jay.

Samāgata Śrī Gaura-bhakta-vṛnda kī jay.

Viśvavyāpī bhakta-vṛnda kī jay.

Harināma-sankīrtana kī jay.

Nitāi Gaura premānande Hari bol.

## How to Observe Śrī Hari-Vāsar Tithi (Lord's Days)

Question: When should one observe Śrī Hari-vāsar tithi?

Answer: Bhagavān Śrīla Bhaktisiddhānta Saraswatī Goswāmī Ṭhākur wrote: 'When *ekādaśī* is overlapped (*viddhā*) by the sunrise, it is given up, and when it is not (*aviddhā*), then it is observed.' Following Śrī Hari-bhakti-vilāsa, one can find all pure fasting days of the year in the Viśuddha-Sārasvata Gaudīya Calendar.

Question: Why must we fast on Śrī Ekādaśī?

**Answer:** Śrīla Sanātan Goswāmī Prabhu, one of the six *goswāmīs*, wrote about four standing reasons for fasting on *ekādaśī*:

tachcha kṛṣṇa-prīṇanatvād-vidhi-prāpta-tvatas-tatha bhojanasya niṣedhāch-chākaraṇe pratyavāyataḥ

(Śrī Hari-bhakti-vilāsa, 12.4)

'1) Out of love for Śrī Kṛṣṇa, 2) because this is a directive of the scriptures, 3) because it is prohibited to eat (grains) on fasting days, 4) because not fasting is punishable.' He wrote in his commentary that although the rule of 'not fasting is punishable' is the main unbreakable principle, for pure devotees the principle of 'doing it out of love for Śrī Kṛṣṇa' is main. Therefore, he states this principle first and also mentions:

tatra vratasya nityatvādavaśyam tat samācharet sarva-pāpāham sarvārthadam śrī-kṛṣṇa-toṣaṇam

(Śrī Hari-bhakti-vilāsa, 12.3)

'Fasting on the holy days of Śrī Hari destroys all sins, bestows all desired results and pleases the Supreme Lord Śrī Kṛṣṇa; therefore, it must definitely be observed fully.'

# ekādaśī-vratam nāma sarva-kāma-phala-pradam kartavyam sarvadā viprair-viṣṇu-prīṇana-kāraṇam

(Śrī Hari-bhakti-vilāsa, 12.7, quoted from Brhan-Nāradīya Pūrana)

'It is *brāhmaṇs'* duty to always observe Śrī Ekādaśī, which grants all wishes, for the satisfaction of Lord Viṣṇu.' When concomitant four-fold attainments come (religion, prosperity, enjoyment or liberation), exclusive, pure devotees consider them trifle and do not become attached to them: they remain anxious to attain the fifth foal of human life – *prema*.

Question: Why is it prohibited to take rice and other grains on Śrī Ekādaśī?

Answer: It is written in the scriptures:

yāni kāni cha pāpāni brahma-hatyā-samāni cha annamāśritya tiṣṭhanti samprāpte hari-vāsare tāni pāpānya-vāpnoti bhuñjāno hari-vāsare

(Śrī Hari-bhakti-vilāsa, 12.19, quoted from Brhan-Nāradīya Pūrana)

'On the holy days of the Lord (Śrī Hari-vāsar), all possible sins, including murder of *brāhmaṇs*, take shelter in grains. Therefore, those who eat grains on *ekādaśī* commit all these sins.'

so' śnāti pārthivam pāpam yo' śnoti madhubhirddine

(Śrī Hari-bhakti-vilāsa, 12.20, quoted from Bṛhan-Nāradīya Pūraṇa)

'Those who eat grains on Śrī Hari-vāsar commit all sins that are possible to commit in this world.'

mātṛhā pitṛhā cha iva bhrātṛhā guruhā tathā ekādaśyāntu yo bhuṅkte viṣṇu-lokāchchyuto bhavet

(Śrī Hari-bhakti-vilāsa, 12.21, quoted from Bṛhan-Nāradīya Pūraṇa)

'Those who eat grains on ekādaśī commit the sin of killing their own mother, father, brother and guru. Such person can never reach

the holy abode of Lord Viṣṇu; neither can they become genuine adherents of the Vaiṣṇav teachings and attain the association of Vaiṣṇavs.'

Following this and other scriptural evidence, it is our duty to fast on Śrī Fkādaśī.

Question: What does 'fasting' mean?

Answer: Fasting (*upavās*) means 'sitting near' (*nikaṭe vās*). It means putting aside all material and household activities and sitting near the Lord.

upāvṛttasya pāpebhyo yastu vāso guṇaiḥ saha upvāsaḥ sa vijñeyaḥ sarva-bhoga-vivarjitaḥ

(Śrī Hari-bhakti-vilāsa, 13.35, quoted from Brhan-Nāradīya Pūrana)

'Fasting (*upa-vās: "a higher seat"*) is when you become free from all sins and stay with all auspicious qualities (*sad-guṇa*): all enjoyment must be abandoned.'

vaiṣṇavo yadi bhuñjīta ekādaśyāṁ pramādataḥ viṣṇvarchchanaṁ vṛthā tasya narakaṁ ghoramāpnuyāt

(Śrī Hari-bhakti-vilāsa, 12.32, quoted from Bṛhan-Nāradīya Pūraṇa)

'If a Vaiṣṇav by mistake takes grains on *ekādaśī*, his worship of the Lord becomes useless and he must enter a terrible hell.'

Question: How must one observe the holy days of the Lord?

Answer: On the holy days of the Lord, our main duty is to practise the nine devotional practices (*śravaṇ*, *kīrtan*, and so on). For example, Śrīman Mahāprabhu says (*Śrī Śrī Prema-vivarta*, 18.19, 18.21):

śrī-hari-vāsara-dine, kṛṣṇa-nāma-rasa-pāne, tṛpta haya vaiṣṇava sujana anya rasa nāhi laya, anya kathā nāhi kaya, sarva-bhoga karaye varjana 'On the day of the Lord, pure devotees are satisfied by drinking the nectar of Kṛṣṇa's Name. They do not partake of any other tastes or speak about anything else. They avoid all forms of enjoyment.'

śrī-nāma-bhajana āra ekādaśī vrata eka-tattva nitya jāni' hao tāhe rata

'Knowing service to the Name and fasting on *ekādaśī* to be eternally one, practise them both.'

On the holy days of the Lord, two *kīrtans* are sung: 'Śrī Harivāsare Hari kīrtana-vidhāna' in the morning and 'Śuddha bhakata-charaṇa-renu bhajana-anukūla' in the evening. On the holy days of the Lord, it is necessary to both fast and to break your fasting timely (observe *pāraṇ*). For instance, it is written in *Śrī Śrī Prema-vivarta* (18.11):

prasāda bhojana nitya, śuddha vaiṣṇavera kṛtya, aprasāda nā kare bhakṣaṇa śuddhā ekādaśī yabe, nirāhāra thāke tabe, pāranete prasāda bhojana

'Taking *prasād* is an eternal, daily activity of pure Vaiṣṇavs. They do not eat anything that is not *prasād*. But on the days of pure *ekādaśī*, they fast and take *prasād* during the *pāraṇ* time the next day.'

It is necessary to take *mahāprasād*, etc. to break Śrī Ekādaśī fasting during the *pāraṇ* time given in the calendar. As one should stay engaged in service activities the whole day on the holy days of the Lord, it is allowed to take *anukalpa* (Śrī Śrī Prema-vivarta, 18.11):

anukalpa-sthāna-mātra, niranna prasāda-pātra,

vaisnavake jāniha niśchita

'It is certainly known to Vaiṣṇavs that non-grain *prasād* is the only food that can be taken (*anukalpa*) on *ekādaśī*.'

There is a provision for the following *anukalpa* (non-grain) food on Śrī Ekādaśī days:

## aṣṭaitāny-avrataghnāni āpo mūlaṁ phalaṁ payaḥ havir-brāhmaṇa-kāmyā cha gurorv-vachanam-auṣadham

(Śrī Hari-bhakti-vilāsa. 12.40. quoted from Mahābhārata)

'Water, fruit, roots, milk, ghee, if a *brāhmaṇ* wants you to take something, if your *guru* tells you to take something, and taking medicine – these eight do not break the fast.' At Śrī Maṭh, devotees take the following *anukalpa*:

Morning – full fast.

Noon – potato and pawpaw cooked with salt, black pepper, cumin and ginger; fried chips; a variety of fruit (bananas, cucumbers, etc.); nuts; pawpaw and potato or sago (tapioca) cooked with sugar and milk [a preparation called 'pāyes'].

Evening – cooked potato and pawpaw; fried chips; nuts; milk.

Only ghee, nut oil, sunflower seed oil can be used. No items containing grains, such as ground spices, sago (tapioca) mixed with flour, etc., are to be taken. Home-made ghee, curd and coconut sweets can be taken. These five grains are never taken:

- 1) paddy and its produce: rice, flat rice, puffed rice, etc.
- 2) wheat: wheat flour, wholewheat flour, etc.
- 3) barley: barley flour, etc.
- 4) lentils ( $\dot{q}\bar{a}l$ ): mung, masoor, chickpea, pea, pigeon pea, black  $\dot{q}\bar{a}l$ , khesari (grass pea), etc.
- 5) mustard oil and sesame oil.

# His Divine Grace Om Viṣṇupād Śrīla Bhakti Sundar Govinda Dev-Goswāmī Mahārāj on observing *ekādaśī*:

We will take no grains, and we will not take food many times unless it is necessary for someone for health reasons. Maintain your body and take some food, and if someone can do *ekādaśī* 

without food, that is the best. What does 'best' mean? It is Kṛṣṇa consciousness, so service to Kṛṣṇa must not be hampered – this is first of all; after that, we can take some physical austerity to supply more enjoyment to Kṛṣṇa. *Ekādaśī* is a special day when Kṛṣṇa's hankering for enjoyment increases, and devotees supply that enjoyment to Him ignoring their own happiness. This is *ekādaśī*.

As for what is permissible:

aṣṭaitāny-avrataghnāni āpo mūlaṁ phalaṁ payaḥ havir brāhmana-kāmyā cha gurorv-vachanam-ausadham

(Śrī Hari-bhakti-vilāsa, 12.40, quoted from Mahābhārata)

Āpo means water, mūlaṁ means what grows underground (roots), phalaṁ means fruit, payah means milk and all dairy products, havir is also a product of milk (ghee), and there are three other things. 'Brāhmaṇa kāmyā cha' means if a brāhmaṇ is in a dangerous position and wants you to take some food, through which he will get relief, then you can take it. 'Gurorv-vachanam' means if your Gurudev says, 'Take this and go!' then there is no question – you must take it. And auṣādham, medicine: there are many ingredients inside medicine, but it is permissible to take it because it is necessary to maintain your health.

So, we can see that the point is there, and that point is to maintain your health and serve Kṛṣṇa as must as possible. We can also add that you can take what grows under the ground, some potato, etc. As for carrots, I have seen in *Hari-bhakti-vilāsa* that carrots are restricted, but we take it and do not feel anything bad. In Uttar Pradesh, unlike Bengal, where people follow <code>ekādaśī</code>, you can see they sell carrot halwa in the shops on <code>ekādaśī</code> day. There you will get <code>ekādaśī</code> food on the streets, and they follow <code>ekādaśī</code> properly, they do not give any imitation, and they take carrots. You can also cook some tapioca with milk.

I like very simple <code>ekādaśī</code>, but my fortune is very bad – when I go somewhere and see that it will be <code>ekādaśī</code>, I become fearful because every time <code>ekādaśī</code> disturbs me with food. They make so many things, but I do not like it. Guru Mahārāj's plan for <code>ekādaśī</code> is one subji and tapioca, that is all, nothing else. Now our friends have promoted peanuts, so they also make peanuts on <code>ekādaśī</code>. It is agreeable food on <code>ekādaśī</code>, it can be taken. And also some fruit. Sago (tapioca) is good for stomach. If someone's stomach is not strong, they can take tapioca boiled in water and milk, it is very simple. It depends upon one's health.

On *ekādaśī*, actually, you should not take too much of anything. Give some rest to your stomach. Medical science also says that if you can give a complete rest to your stomach on *ekādaśī*, it is good for your health. So, everyone will choose for themselves what is necessary for them and what is not.

# His Divine Grace Om Viṣṇupād Śrīla Bhakti Nirmal Āchārya Mahārāj about fasting on *ekādaśī*:

'One time, a devotee wrote to Gurudev asking, "Gurudev, early in the morning I have to go to work, and my work is very heavy (I work for a ship company and have to work with a very big, heavy hammer). How should I observe <code>ekādaśī?</code>" Gurudev replied, "Early in the morning, before you go to work, you can take five kg of potato."

'Practising life is necessary, and actually Śrīla Bhaktisiddhānta Saraswatī Ṭhākur made it a little loose for us, as in the case of *ekādaśī* for example. When people do *ekādaśī*, they fast the whole day and do not even take water, but Śrīla Bhaktisiddhānta Saraswatī Ṭhākur said that we could fast at least from morning to noon and take some *anukalpa* at noon. This was told by Śrīla Bhaktisiddhānta

Saraswatī Ṭhākur, and our temple follows that. Sometimes, Gurudev also said that if somebody was sick (for example, if somebody has an acidity problem and cannot fast or has to take medicine, or somebody has diabetes), then it was OK to take *anukalpa* in the morning also. Otherwise, for as many years as you can tolerate it with your health, you must follow full *ekādaśī*. I saw that Gurudev himself practised in this way – he followed full *ekādaśī*. *Anukalpa prasādam* is allowed, but not for everybody – those who are not sick must follow proper fasting.'

'You do not need to know the meaning of each *ekādaśī tithi* because if you know it, you will want to get this result, that result. Gurudev, the Lord and Mahāprabhu told us to fast on *ekādaśī*, so we fast. It is not necessary to know anything about the result of *ekādaśī*.'

His Divine Grace Om Viṣṇupād Śrīla Bhakti Rakṣak Śrīdhar Dev-Goswāmī Mahārāj about fasting on *ekādaśī* and accepting material facilities:

One time, a devotee came here from Vṛndāvan on the day of <code>ekādaśī</code>. He reached in the evening and, after taking bath in the Ganges, attended <code>kīrtans</code>, danced, circumambulated the temple and so on. Then, I asked him whether he would take any <code>anukalpa</code>. He replied, 'Generally, I do not take anything, but if you like, then, of course, I must take <code>anukalpa</code>. Your will is greater than my fasting.' That was his decision.

My Guru Mahārāj (Śrīla Prabhupād Bhaktisiddhānta Saraswatī Ṭhākur) always wanted maximum energy: you should take good food and do good service. That was his maxim. Kṛṣṇa is not a liquidated party: take full *prasādam* and do full service. Do maximum service,

and you should take whatever is necessary for that. You are to take it for the cause of Kṛṣṇa, not for your own cause. You are Kṛṣṇa's, so if you grow weak, His service will be hampered, and both you and Kṛṣṇa will be losers thereby. 'My soldiers will be well-fed and well-working.' That was our Guru Mahārāj's principle. Napoleon said, 'One full-fed soldier is equal to ten half-fed soldiers.'

So, prasād-sevā: if it is service, then it must be taken in a serving mood, of course. But, at the same time, the individual position of a devotee should be taken into consideration. Sahajiyās do not fast on ekādaśī at all: 'Oh, we are in Vṛndāvan, and there is no fasting in Vṛndāvan.' But Śrīla Bhaktivinod Ṭhākur, Śrīla Prabhupād did not like that – it is sahajiyā (imitation) if you go on feeding your senses in the name of Kṛṣṇa-bhakti (devotion to the Lord). For the service to Kṛṣṇa, it is necessary to keep up the body and to provide nourishment to it, so we must take what is necessary for service. We do not like it if by fasting a loss of energy is effected. If fasting does not hamper your service, you may go on fasting – perhaps, your gurudev wanted that...

For service, I must accept what is necessary to make me physically fit so that I can render more service. So, accepting material things is not objectionable. It is fruitful, not detrimental. Rather, it produces something of a pure character, which helps everyone. This is how a disciple receives and accepts things. At that same time, he may even blame himself, 'I cannot go on with my worldly life without the help of this or that!' He will blame himself, but the underlying spirit must be, 'If I do not take it, I shall be unfit; I will not be able to do my bit of service to the Lord, to my *gurudev*.'

Moreover, by taking up renunciation, I will be a loser. I will incur a loss for myself, for the world, and my *guru*'s service will be

hampered. In this spirit, devotees are to take everything. For the cause of Kṛṣṇa, for the cause of their *guru*, they will accept anything.

Suppose there is a very miserly *karmachārī* (manager). Because he does not want to spend money, he may not attain a particular result; then, some difficulty comes, and the opportunity is lost. This manager will be held responsible by the proprietor: 'Why did you not spend money? Why are you afraid of spending money from my store? Because of your miserly habit, the opportunity has been lost! Why should you not spend My money for My interest?' So, to render service to Kṛṣṇa, to my *gurudev*, to Vaiṣṇavs, to the world, to everyone, I must keep up this mundane body, and I am entitled to take something for that.

Miserliness is  $m\bar{a}y\bar{a}v\bar{a}da$ ; it is the renunciation spirit, and it will mar Kṛṣṇa's interest. What we need is yukta-vairagya: I shall take from the store of Kṛṣṇa to keep myself fit and to do service. It is Kṛṣṇa's account, and if I do not do that, I should be a separatist, a  $m\bar{a}y\bar{a}v\bar{a}d\bar{i}$ , a renunciationist. I shall render maximum service to Kṛṣṇa, and I must take without any hesitation whatever is necessary to make myself fit for the service; otherwise, I shall be punishable.



## Śrī Chaitanya Sāraswat Maṭh (Indian Centres)

#### Headquarters:

Kolerganj, Nabadwip, Nadia, West Bengal Pin 741302, Phone number: +91 96093 02310

Sri Chaitanya Saraswat Math Panchapalli (Devapalli), Suvarna Bihar. West Bengal

Sri Chaitanya Saraswat Krishnanusilana Sangha 491 Dum Dum Park, Kolkata, 700055

Sri Chaitanya Saraswat Krishnanusilana Sangha Kaikhali Chiriamore, North 24 Parganas, Airport, Kolkata, 700052

**Sri Chaitanya Saraswat Math** Vidhava Asram Road, Gaura Vatsahi, Puri

Sri Chaitanya Saraswat Math 113 Seva Kunja Road, Vrindavan, Mathura

**Srila Sridhar Swami Seva Ashram** Dasbisa, Govardhan, Mathura, UP

Sri Chaitanya Saraswat Krishnanusilana Sangha Birachandrapur, Birbhum, West Bengal

Sri Chaitanya Saraswat Math Hayder Para, New Pal Para, 155 Netaji Sarani, Siliguri

Sri Chaitanya Saraswat Seva-Sadan Chakaphuldubi, Sagar, South 24 Parganas

Sri Chaitanya Saraswat Seva-Ashram Ganga Sagar, South 24 Parganas, WB

**Sri Chaitanya Saraswat Math** Bhanjipur, Tarakeshwar, Hooghly, WB **Sri Chaitanya Saraswat Math** Mejhiyari, East Bardhaman, West Bengal

Sri Sridhar Swami Bhakti Yoga Cultural Centre (Lady's Ashram) Shashapur, Kalna, Bardhaman, West Bengal

Sri Chaitanya Saraswat Math Janapara, Medinipur, West Medinipur

Sri Chaitanya Saraswat Ashram Hapaniya, East Bardhaman, West Bengal

Sri Chaitanya Saraswat Sridhar Govinda Seva-Ashram

Bamunpara, Khanpur, East Bardhaman, West Bengal

Sri Chaitanya Sankirtana Maha-Mandala Nadanghat, Bardhaman, West Bengal

Sri Chaitanya Saraswat Math Mahadiya, Kandi, Murshidabad, WB

Sri Chaitanya Saraswat Sankirtana Maha-mandala Islamapur, Murshidabad, West Bengal

Sri Chaitanya Saraswat Sankirtana Maha-mandala Bakulatala, Phalata, South 24 Parganas

Sri Chaitanya Saraswat Math Kajiyakhali, Uluberia, Hawrah, WB

Sri Chaitanya Saraswat Govinda Seva-Ashram, Ksetranathtala, Chaitpur, Murshidabad, West Bengal vaiṣṇavera guṇa-gāna, karile jīvera trāṇa, śuniyāchhi sādhu-guru-mukhe

'Singing the glories of Vaiṣṇavs rescues and protects the *jīva* soul. I heard this from the mouth of *sādhus* and my Guru.'

bhakta-pāda-dhūli āra bhakta-pāda-jala bhakta-bhukta-śeṣa tina sādhanera bala

'The dust of the devotees' feet, the water that has washed the devotees' feet, and the remnants of devotees' food – these three are the sole strength of one's spiritual life.'

guru, vaiṣṇav, bhagavān tinera smaraṇe haya vighna-vināśana anāyāse haya nija vāñchhita-pūraṇa

'Śrī Guru, Vaiṣṇav and the Lord – remembering these three destroys all obstacles and easily fulfils all desires.'

thākura vaiṣṇava pada, avanīra susampada, śuna bhāi hañā eka mane āśraya laiyā bhaje, tāre kṛṣṇa nāhi tyaje, āra saba mare akārane

'The feet of worshippable Vaiṣṇavs are the greatest treasure in the world. Brother! Listen to this very carefully. Kṛṣṇa never leaves those who have taken shelter in Him. All others simply die in vain.'

vaiṣṇava charaṇa-jala, prema-bhakti dite bala, āra keha nahe balavanta vaiṣṇava charaṇa-reṇu, mastake bhūṣaṇa binu, āra nāhi bhūṣaṇera anta

'The water that has washed the holy feet of Vaiṣṇavs is capable of giving devotion; nobody else possesses such power. Except for the dust from the holy feet of Vaiṣṇavs adorning your head, there can be no other ornament.'

tīrtha-jala pavitra guņe , likhiyāchhe purāņe, se saba bhaktira pravañchana vaiṣṇavera pādodaka, sama nahe ei saba, yāte haya vāñchhita pūraṇa

'The scriptures describe the purifying qualities of the water from holy places of pilgrimage, but devotees consider all this water to be deception. No water from a holy place can be compared to the water that has washed the holy feet of Vaiṣṇavs – this water fulfils all aspirations.'

vaiṣṇava saṅgete mana, ānandita anukṣaṇa, sadā haya kṛṣṇa para-saṅga dīna narottama kānde, hiyā dairya nāhi bāndhe, mora daśā kena haila bhaṅαa

'My mind always rejoices in the association of Vaiṣṇavs – in their association, I always feel transcendental association of Kṛṣṇa. Poor Narottam is crying, "My heart no longer has patience – why have I fallen into this unfortunate state?"'

## Holy guidance of His Divine Grace Om Viṣṇupād Śrīla B.N. Āchārya Mahārāj:

Even if you do not know anything about the Vaiṣṇav mentioned in the calendar, you must still give them 'jay' on this day. We must always remember the disappearance and appearance days of all Vaiṣṇavs. If we can remember these personalities and great souls, it will bring great benefit to our spiritual life.

Always check the calendar. When we see some dates mentioned there, even if we do not know anything about the Vaiṣṇav or event mentioned there, we can at least give 'jay' to them – that also brings some good *sukṛti*, some purification to us. Seeing the calendar and taking devotees' names early in the morning, from the beginning of the day, is very good for all devotees.

Wake up, check the calendar and give 'jay' to your *guru* and Vaiṣṇavs. Always pay obeisance to your *guru* and Vaiṣṇavs when you wake up in the morning, always give them 'jay'. Always keep faith and show respect to them, always check whose appearance day or whose disappearance day it is. Even if you cannot make a festival, at least you can give 'jay' – it will bring you benefit. We must always remember the words of Vaiṣṇavs, then we will get some benefit, some deposit through that.